

Cutting Board 101

Presented by m2.Labs

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Name of the course: Woodworking - Beginner	
Name of the subject: Cutting Boards 101	
Course Code: WBCB101	Semester: Q4 2022
Teaching Schedule:	
Chat Opens:	N/A
Online Zoom Class:	October 16th @ 6 PM PT / 9 PM ET
Project submission date:	N/A

GOALS:

1. To develop the knowledge and skill to correctly and safely make a wood cutting board
2. Students will understand the basic woodworking techniques required to create and maintain a cutting board. These techniques will allow them to create boards on their own with the knowledge they acquire.

OBJECTIVES:

1. Locate and identify the correct wood species to use for a board
2. Understand the basic tool requirements
3. Understand the basics of wood jointing and planning
4. The necessity of prepping your wood pieces
5. Correctly glue and clamp prepped boards
6. Understand the basics of glue technique
7. Understand the basics of planning and flattening
8. How to correctly surface and sand your board
9. How to correctly oil and maintain your cutting board.

CONTENT:

- **Module 1 – Wood Prep**
 - Introduction to hardwoods and what is acceptable for cutting boards
 - Edge vs face vs end grain
 - Overview of tools that will be used
 - Safety seminar and demonstration
 - Planing and jointing
 - Ripping boards into strips

NOTES:

- **Module 2 – Glue Up**

- Introduction to Grain direction
- Prepping your space
- Wood layout and design phase
- Basic Glue overview
- Clamp overview
- Glue up
 - Using Cauls
 - Different clamp strategy
- Cleaning excess and glue drying overview

NOTES:

- **Module 3 – Flattening and Prepping**
 - Removing clamps
 - Rough Clean up
 - Planing stage (Optional depending on tools)
 - Squaring up board
 - Sanding Stage
 - Grit 80
 - Grit 120
 - Grit 220
 - Edge Profile
 - Water pop
 - Final Sanding
 - Oiling strategy

NOTES:
